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CHALINE

“The Bulletin of Beth David Synagogue”

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Customs and Practices for the “Nine Days” and Tish’a B’Av

Background: The three-week period from 17 Tammuz through 9 Av was a time of tragedy for the Jewish people. Many calamities happened on these specific days and during the time between. The catastrophic events surrounding the Holy Temple in Jerusalem that occurred on those specific days resulted in the long exile, which is still ongoing. On the 17th of Tammuz the walls of Jerusalem were breached during the period of the second Temple, and the 9th of Av marks the day on which both the first and second Temples were destroyed. For that reason it was ordained that this period of 3 weeks shall be observed as days of mourning by the entire nation. Some mourning practices begin on 17 Tammuz and they increase in severity as we approach the 9th of Av.

When: The 3 weeks begin on 17 Tammuz, which occurs on Tuesday, July 11, and continue through 9 Av, which occurs on Tuesday, August 1.

The fast of 17 Tammuz: This day is observed as a fast day, with the fast beginning in the morning at 3:40 am and ending at nightfall, at 9:22 pm.

When: The 9 days begin on Rosh Chodesh Av, which occurs on Monday, July 24, and continue through 9 Av, which occurs on Tuesday, August 1.

Mourning practices: During the entire 3-week period we do not conduct weddings, we refrain from haircuts, and we avoid listening to live music. During the 9 days beginning on Rosh Chodesh we refrain from eating meat and drinking wine (or grape juice), and from wearing freshly laundered and ironed clothes. Freshly laundered undergarments are permitted. None of these restrictions apply to Shabbat. We may also drink the wine or grape juice used for Havdalah, even though it is no longer Shabbat, however it is preferable that a child drink the wine or grape juice. We also do not launder or dry clean clothes during this period, even for use after the 9 days. Swimming and bathing for pleasure is likewise forbidden. Bathing for hygienic and health reason is permitted. Purchasing “items of joy” should be avoided unless their cost will be higher, or the item will not be available, after Tish’a B’Av. Shaving is avoided during the 9 days, or at least the week in which Tish’a B’Av occurs, and is forbidden on Tish’a B’Av itself – Monday night and Tuesday.

Erev Tish’a B’Av: Before sunset it is customary to eat a *seudat hamafseket*, the last meal before the fast commences. The regular meal eaten in order to have the strength to fast is consumed earlier. This meal is a meal of mourning. It consists of just one course, usually a hard-boiled egg, and bread. This meal is eaten while sitting on a low chair, just like during Shiva, and consumed in solitude. This is the last food that one should consume before the fast.

Tish’a B’Av is observed for the full 24-hour period, beginning at sundown on Monday, July 31. All the restrictions of Yom Kippur apply: It is prohibited to eat and drink, we are not allowed to wash, anoint oneself, wear leather shoes or engage in marital relations. If you need to take medication or consume food or drink due to health reasons, please consult with the rabbi. It is also customary to sit on a low chair or on the floor, as during Shiva, until Mincha on Tish’a B’Av.

Ma’ariv service: After the evening service we read the book of *Eicha* (Lamentations), followed by several *kinot*, poetic dirges which recall the destruction of the Temple.

Shacharit service: We do not don Tallit or Tefilin and following the service many *kinot* are recited which recall the many tragic events that occurred on this day.

Mincha service: We wear our Tallit and Tefilin and the traditional service for a fast day is recited.

After Tish’a B’Av: Some of the restrictions of Tish’a B’Av continue until noon of the next day. It is customary not to eat meat or drink wine or grape juice until after noon. It is permissible to wear leather shoes and bathe immediately after the fast. We are not permitted to wash clothes, get a haircut or shave until after noon.

**Our sages teach that whoever mourns over Jerusalem will merit the future vision of her joy. As it is written in Isaiah (Chapter 66, verse 10),
“rejoice greatly with her, all who mourn her.”**

Tish'a B'Av Schedule

| | | |
|-----------------|---------------------------|----------------|
| Monday, July 31 | Mincha | 6:00 pm |
| | <i>Fast begins</i> | 8:23 pm |
| | Ma'ariv and <i>Eicha</i> | 9:00 pm |

| | | |
|-------------------|----------------------------|---------|
| Tuesday, August 1 | Shacharit and <i>kinot</i> | 7:00 am |
| | Mincha/Ma'ariv | 7:50 pm |

Fast ends

9:04 pm

TISH'A B'AV VIDEO PROGRAM

Will be held on Tish'a B'Av, Tuesday, August 1 in the afternoon, according to the following schedule:

6:00 pm – The Secrets of Emunah: How it will transform Your life, your challenges and your relationships – by the Chofetz Chaim Heritage Foundation

Presenters: Rabbis Eli Mansour, Zecharia Wallerstein and David Ashear

Subject to changes and additions, which will be distributed by e-mail prior to Tish'a B'Av. For information and latest schedule, contact Rabbi Silber at rabbisilber@stny.rr.com

JULY - SEPTEMBER MINYAN TIMES

MORNINGS (times constant)

| | |
|---------------------------------|---------|
| Sunday | 8:30 am |
| Monday – Friday | 7:00 am |
| *Except: July 24; August 22-23: | 6:50 am |
| *Except July 4: | 8:30 am |
| Shabbat | 9:00 am |

EVENINGS (times constant)

| | |
|------------------------------|---------|
| Friday (through September 1) | 7:15 pm |
|------------------------------|---------|

EVENINGS (times vary)

| | |
|-----------------------------|---------|
| Shabbat, July 1 | 8:15 pm |
| Sunday – Thursday, July 2-6 | 8:25 pm |
| Shabbat, July 8 | 8:10 pm |
| Sunday – Monday, July 9-10 | 8:25 pm |
| Tuesday, July 11 | 8:10 pm |

| | |
|-------------------------------------|---------------------------------|
| Wednesday – Thursday, July 12-13 | 8:25 pm |
| Shabbat, July 15 | 8:10 pm |
| Sunday – Thursday, July 16-20 | 8:20 pm |
| Shabbat, July 22 | 8:00 pm |
| Sunday – Thursday, July 23-27 | 8:10 pm |
| Shabbat, July 29 | 7:55 pm |
| Sunday, July 30 | 6:10 pm |
| Monday, July 31 – Tuesday, August 1 | see Tish'a B'Av schedule |
| Wednesday – Thursday, August 2-3 | 8:05 pm |
| Shabbat, August 5 | 7:45 pm |
| Sunday – Thursday, August 6-10 | 7:55 pm |
| Shabbat, August 12 | 7:40 pm |
| Sunday – Thursday, August 13-17 | 7:45 pm |
| Shabbat, August 19 | 7:30 pm |
| Sunday – Thursday, August 20-24 | 7:35 pm |
| Shabbat, August 26 | 7:15 pm |
| Sunday – Thursday, August 27-31 | 7:15 pm |
| Shabbat, September 2 | 7:05 pm |
| Sunday – Friday, September 3-8 | 7:10 pm |
| Shabbat, September 9 | 6:55 pm |
| Sunday – Thursday, September 10-14 | 7:00 pm |
| Friday, September 15 | 6:55 pm |
| Shabbat, September 16 | 6:40 pm |

Give Double *Chai* to the *ChaiLine*

The summer season is under way and that usually means a more relaxed time for all of us. But this year things are a bit different. We must find a way to convince our members that the shul needs them to attend minyans. Minyans are what make us a fully functioning shul. Please try attending, you might find you like it. Hope to see you there.

Another thing to be done is getting people to take part in helping with the Shabbat kiddushim and luncheons. If you can sign up for 2 or 3 Shabbat kiddushim for the year, please call me, Marlene Serkin, at 729-3235 or e-mail me at mserkin@stny.rr.com to volunteer. I am working on the assignments for the year and really need your help.

We intend to continue our sponsorship program of the *ChaiLine*. You can be a sponsor to commemorate a yahrtzeit, celebrate a simcha, for any occasion, or for no occasion at all. A donation of **\$180.00** makes you a **Special Sponsor**, a regular sponsorship is \$36.00. a thank you is \$18.00.

All contributions are gratefully accepted. Thank you in advance.

Thanks to our Sponsors

Special Sponsor Claire Ladenheim in honor of the birth of four great granddaughters since March 21, 2017

Filomina Kiessling wishing Mazel Tov to **Rabbi Aaron & Rivky Slonim** on the birth of their grandson, **Shalom Levertov**

Filomina Kiessling wishing a Refuah Shelemah to **Laura Greger**

Meryl and Harold Sasnowitz thanking all for their generous donations and kind words sent on our behalf

The Month of Elul

The month of Elul: A month before Rosh Hashanah, this year Wednesday, August 23, we begin preparing for the Day of Judgment. We blow the *shofar* each weekday morning, with the exception of Erev Rosh Hashanah, and add Psalm 27 into our prayers each morning and evening, in order to begin awakening within us feelings of repentance.

Selichot: Penitential prayers are recited each weekday morning until Yom Kippur. We begin reciting these prayers at a special service on Saturday night, September 16.

SISTERHOOD

June 14 was the closing Sisterhood meeting of the year. This was Meryl Sasnowitz's final meeting as she is moving to New Jersey. She will be sorely missed. Meryl was involved with everything. If she wasn't designated for a particular job, either she volunteered to do it, or simply went ahead with it without any further pronouncement. Her efficiency, her knowledge, her initiatives, her spirit, are, indeed, without parallel. Sisterhood presented her with a gift which hardly compensated her for all she has done. We wish her all the mazal and happiness in her new life. We will not say goodbye, but rather, "til we meet again."

For our program, Cathy Velenchik presented us with many points of Jewish interest that can be undertaken this summer. Copies of this compilation were given out. Judy Silber provided us with an array of ice cream treats and toppings for a "Make your own Sundae event."

This was also my last meeting as Sisterhood President. After 11 years at the helm, I felt it was time for me to retire. It will be invigorating to have some new blood in the position. In the meantime, the job will be taken over as co-presidents by Fundraising Vice-President Marlene Serkin, Programming Vice-President Susan Wright and Service Vice-President Cathy Velenchik. I wish them great success.

I want to take this opportunity to thank all the Sisterhood members and volunteers, past and present, who worked so hard during my tenure, made the job infinitely easier and made me look good. There simply are not enough words to show my appreciation.

I also want to thank Sisterhood for the gift given to me, but the real gift was your being there for me all these years. *Yasher Koach* to all!!!

I may no longer be President, but I will certainly attend meetings and be as much help as my present state of health will allow. Thank you again for all you have done. You are wonderful women, truly women of valor.

Claire Ladenheim

Sisterhood Executive Board & Schedule 2017-18

| | |
|------------------------------|------------------|
| Co-President/Fund Raising VP | Marlene Serkin |
| Co-President/Programming VP | Susan Wright |
| Co-President/Service VP | Cathy Velenchik |
| Secretary | Lillian Zodikoff |
| Treasurer | Marlene Serkin |
| Past President | Claire Ladenheim |

Meeting Schedule

September 13 -- Opening Mtg. - 7:00 pm
November 8 -- Paid-Up Mtg. - 6:30 pm
December 13 - Regular Mtg. - 7:00 pm
January 9 - Endicott Library - 1:00 pm

A Special Thank You

As most of you know, the Shabbat Luncheons are not paid for out of the Shul budget. They are funded by donations. A special thank you goes to all of the contributors.

We also want to thank Judy Silber and her committee of dedicated women who do the shopping and advance preparation each month.

Saba Wiesner, Luncheon Chair

CALENDAR NOTE

If you have any additions or corrections for next year's Shul Calendar, or wish to place an ad or cancel one, please send the information to the following email address:

bethdavidbinghamton@gmail.com

Work is starting on the updates. Thank you. If you do not receive the calendar and wish to receive it, or do receive it and wish to cancel, please notify mserkin@stny.rr.com

BETH DAVID FAMILY AND EXTENDED FAMILY GRADS SPRING 2017

Samira Bell, daughter of Gary and Naghmeh Bell, granddaughter of Marilyn Bell, graduated from high school in Thousand Oaks, CA.

Nosson Bell, son of David and Jennifer Bell, grandson of Marilyn Bell, graduated from Yeshiva Ktana Middle School in Passaic, NJ.

Reuven Bell, son of David and Jennifer Bell, grandson of Marilyn Bell, graduated from Yeshiva Ktana Middle School in Passaic, NJ

Yosef Borsykowsky, son of Sarah Klionsky and David Borsykowsky, grandson of Marti Klionsky, graduated from high school in Burlington, VT

Joshua Hubal, son of Shelley and Mark Hubal, grandson of Susan and Gerry Hubal, graduated from Vestal HS

Eleanor Kellman, daughter of Rivka and Benny Kellman from pre-1A at Hillel Academy

Ally Klionsky, daughter of Ari and Nicole Klionsky, granddaughter of Marti Klionsky from Phillips Academy, Andover, MA

Alex Miller, son of Eileen and Dan Miller, graduated from Ithaca College with a Bachelor's of Music in Music Education

Avi Silber, son of Elie Silber, grandson of Rabbi Zev and Judy Silber, 8th grade, from Jewish Foundation School in Staten Island

Shayna Silber, daughter of Elie Silber, granddaughter of Rabbi Zev and Judy Silber 8th grade from Jewish Foundation School in Staten Island

Tehila Strulowitz, daughter of Bethany and Josh Strulowitz, granddaughter of Rita and Larry Bleier, 8th grade from YBH, Passaic NJ

Harrison Teich, son of Renee Kutz Teich, grandson of Arline Kutz, graduated from Binghamton University

Jillian Teich daughter of Renee Kutz Teich, granddaughter of Arline Kutz, graduates from Baker High School, Baldwinsville, NY

Leba Weissman, daughter of Avital and Rabbi Elie Weissman, granddaughter of Rabbi Zev and Judy Silber from 6th grade Hebrew Academy of Nassau County in Long Island

Tiferet Weissman, daughter of Avital and Rabbi Elie Weissman, granddaughter of Rabbi Zev and Judy Silber 8th grade from Hebrew Academy of Nassau County in Long Island

Skylar Wiesner, daughter of Annette and Lawrence Wiesner, granddaughter of Saba and Michael Wiesner graduates from Vestal HS.

CONGRADULATIONS

Mitzvah Fund

Toby Kohn, 754-4297 or tgkohn@stny.rr.com
Sisterhood acknowledges contributions to the Mitzvah Fund wishing:

Mazel Tov to:

Lawrence & Annette Wiesner on the graduation of their daughter, Skylar, from Vestal High School
Saba & Michael Wiesner on the graduation of their granddaughter, Skylar, from Vestal High School
Gina Santiago upon completing all requirements for her conversion the Judaism
Marilyn Bell on the graduations of her grandchildren: Samira Bell, Nosson Bell & Reuven Bell
Rivka & Benny Kellman on the graduation of their daughter, Eleanor, from pre 1-A at Hillel Academy
Eileen & Dan Miller on the graduation of their son, Alex, from Ithaca College
Rabbi Zev & Judy Silber on the graduations of grandchildren, Avi & Shayna Silber from 8th grade
Eliezer Silber on the graduations of his twins, Avi & Shayna from 8th grade
Arline Kutz on the graduations of her grandchildren, Jillian from Baker H. S., & Harrison from BU.
Rabbi Zev & Judy Silber on the graduations of their granddaughters, Leba, from 6th grade, and Tiferet, from 8th grade
Rabbi Zev & Judy Silber on Leba's becoming a Bat Mitzvah
Gerry & Susan Hubal on the graduation of their grandson, Joshua, from Vestal High School
Larry & Rita Bleier on the graduation of their granddaughter, Tehila from 8th grade
Marti Klionsky on the graduation of her grandchildren, Ally & Yosef from high school
Claire Ladenheim on her grandson becoming a Bar Mitzvah in Israel
Harold & Meryl Sasnowitz on their new home & new life in New Jersey
Brian & Lori Tuberman on their daughter, Samantha, winning the PBS National Science Award
Lawrence & Annette Wiesner on the graduation of their daughter, Skylar

Thank You to:

Nancy Basmann for photos taken at Donor
Marcy Yonaty for the beautiful Shavuot Luncheon
Paula Rubin for all of the articles she has written for *The Reporter*

Refuah Shelemah to:

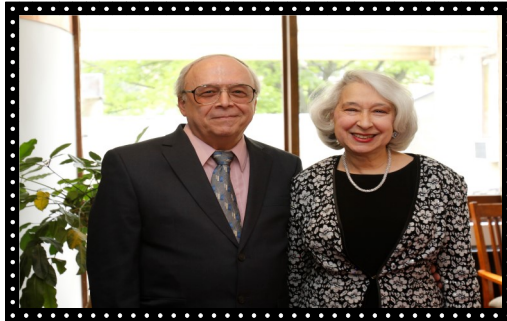
Sandy Foreman

Laura Greger

Condolences to:

Arline Kutz on the loss of her beloved husband, Marvin
Nancy Basmann on the loss of her beloved mother
Marcia Hofstein on the loss of her beloved mother
Anita Ferro on the loss of her beloved father

BETH DAVID'S ANNUAL DINNER HONORING CATHY AND CHAIM



Kiddush at Beth David

From September to June, every Shabbat, following services a Kiddush is held at Beth David. The second Shabbat of the month is a Kiddush Luncheon, open to the community, at no charge. This luncheon is funded by donations, not the Shul budget.

The June 10th luncheon was sponsored and dedicated by their many friends in honor of Meryl and Harold Sasnowitz honoring their many years of service to Beth David. They are moving to Clifton, NJ, to be nearer their children. We at Beth David will miss having them around.

On June 24th a special luncheon was added to the schedule to honor Gina Santiago who has completed all the requirements for conversion to Judaism. Gina has been an active participant in all services and programs at Beth David during her time of preparation and we are now excited to welcome her as a member.

Donations to the Kiddush Luncheon Fund can be made by sending your check to Beth David Synagogue and marked Luncheon Fund. For more information contact Saba Wiesner, Shul President.

Contributions

General Fund

Sy & Carol Klionsky in memory of Marvin Kutz
 Karen, Arthur & Nate Noss – for hospitality, and lovely services and luncheon
 Shelly Goldman Black in memory of David Eisenberg
 Neil & Sima Auerbach in honor of Chaim Joy & Cathy Velenchik
 Ina Mechem

Shul Beautiful

Ruth Goldstein in appreciation of the recovery of niece, Shawn, and great niece Kayla
 Harold & Meryl Sasnowitz on their new home and new life in Clifton NJ from Irwin & Judy Simon
 Bruria Rifka (Gina Santiago) on completing all of her requirements and her accepting Judaism as her way of life from Lillian Zodikoff.
 Virginia Eisenberg on the loss of her beloved husband, David.
 Michael Wright thanking him so very, very much from Marcy & Gabi Yonaty.
 Chaim Joy & Cathy Velenchik in deep appreciation for all that you have done, and are doing, from Marcy & Gabi Yonaty.
 Harold & Meryl Sasnowitz on their new home and new life in Clifton NJ from Lillian Sommer.
 Anita Ferro in memory of her beloved father from Arline Kutz.

Shabbat Kiddush Luncheon Fund

Aaron & Miriam Alweis
 Marilyn Bell
 Alvin & Renee Greenberg
 Claire Ladenheim
 Sol & Dora Polachek
 Marlene Serkin
 R. Zev & Judy Silber
 Tom & Suzanne Triebwasser
 Marie Werner
 Michael & Susan Wright

Barbara & Les Bank
 Larry & Rita Bleier
 Gerald & Susan Hubal
 Lenore Manasse
 Charles & Paula Rubin
 Barry & Annette Shaw
 Irwin & Judy Simon
 Brian & Lori Tuberman
 Harry & Roz Wiesel
 Lillian Zodikoff

Robert & Nancy Basmann
 Ruth Goldstein
 Chaim Joy & Cathy Velenchik
 Alan & Julie Piaker
 Robert & Barbara Ruchames
 Claire Shefftz
 Lillian Sommer
 Arie Ullmann & Rhonda Levine
 Michael & Saba Wiesner

Beth David Family

Welcome to the cyber world Dear Friends as this first electronic issue of the ChaiLine rolls off the presses. My preference for hard copy will have to make an adjustment in this modern age.

Susan and Gerry Hubal experienced a busy spring. After visiting family on the west coast, they enjoyed an Alaskan land and sea adventure. This was topped off with the HS graduation of their grandson Josh (look for the list of our grads elsewhere in this issue). After Marti Klionsky visited family in Maine, she spent time with Ruth and Howard Buschman in their new Boston residence. The Buschmans are surely missed. It's strange not to see Ruth sitting in her usual Shabbat seat each week.

Kol Hakavod to Samantha Tuberman on winning the prestigious National Emperor Science Award! She is one of 100 students nationwide to receive this incredible recognition. Sponsored by PBS Learning Media, this award "is committed to helping all students who have a passion for science join the next generation of cancer researchers." Mazal Tov to Sammy's parents Brian and Lori Tuberman and her grandparents Maxine and Marvin Kaplan.

Yasher Koach to Tanya Bank Wright who was granted tenure at Michigan State University. She is now an Associate Professor in the Education Department where she is a Reading Specialist. Mazal Tov to Tanya, her husband Will, and her parents Barbara and Les Bank.

Grandparents Rabbi Zev and Judy Silber and Uncle Elie Silber celebrated the Bat Mitzvah of Leba Geula, daughter of Elie and Avital Weissman in Plainview, NY. In honor of her reaching the age of Bat Mitzvah, Leba made a *siyum* on *the Mishnayot of Seder Nezikin*. Mazal Tov to the extended Silber family.

Zacharia Katz, son of Abigail and Daniel Katz of LA, grandson of Xianna and Michael Shiffman, great-grandson of Claire Ladenheim was called to the Torah as a Bar Mitzvah in eretz Yisroel. Mazal Tov to the entire family.

Friends honored Gina Santiago, Bruriah Rivka, at a Shabbat luncheon Kiddush. Gina completed her conversion process and is now a full member of the Jewish people. *Kol Hakovod* to her for her years of study toward this goal.

Claire Ladenheim was recognized at the closing Sisterhood meeting. She served as Sisterhood President for the past eleven years with devotion, commitment, and passion.

I bid all of you farewell as Harold and I move to NJ. Leaving this warm, welcoming, nurturing community, Our *Beth David Family*, of 46 years is not easy. Our girls thrived here as did the two of us.

Expressions of concern have come my way relating to who will fill my shoes in the community. I guarantee you my shoes are small, maybe wide, but small. Each one of you can step into them to do just **one** thing, whether it be making a phone call, setting a table, attending a minyan, editing an article, driving a friend to a meeting, taking a photo, and on and on. You don't need to wait to be asked to help; call up and offer your time. An hour here or there really can make a difference!

L'hitraot

Meryl Sasnowitz