

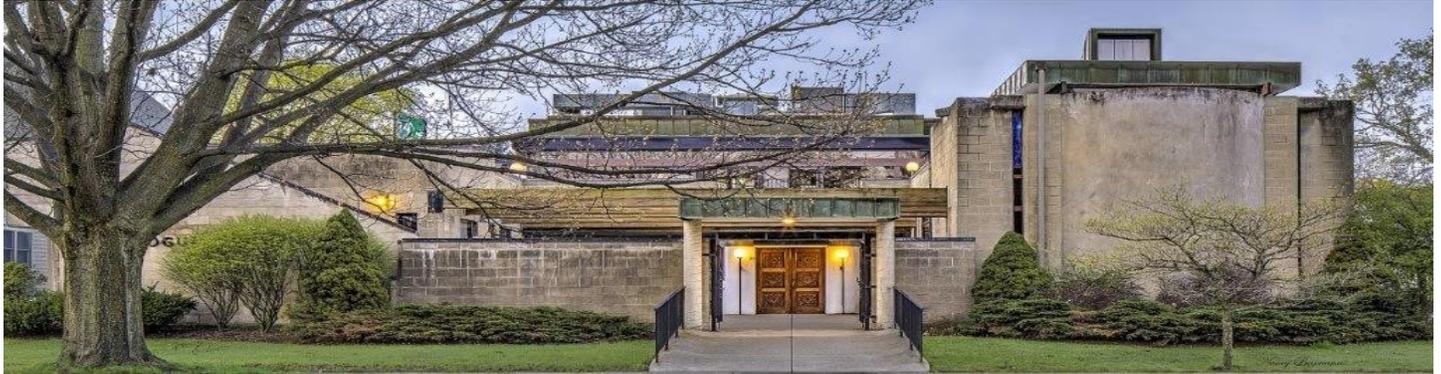
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CHALINE

“The Bulletin of Beth David Synagogue”

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FROM THE RABBI

The “Three weeks” is the period of time between the 17th day of Tammuz and Tish’a B’Av. These 21 days have been ordained as a period of mourning for the destruction of the Holy Temples in Jerusalem and the tragic events that led up to that final destruction, as well as the exile of the Jewish people from our land.

Less than 2 months after this period of mourning which ends on the 9th day of Av we find another set of 21 days, another period of three weeks, that are so special in the Jewish calendar. Beginning on the first day of Tishrei and concluding on Hoshanah Rabbah, we have 21 days of celebrating the High Holidays. But the focus of these 3 weeks is not mourning. It is introspection. We spend our time both in celebration and in self-examination to define the ways that we can improve ourselves so that we be blessed with a good year.

Perhaps there is more than a coincidence that both these periods of time are of the same duration.

We begin the new year by this evaluation of the progress that we have made over the last year in improving our own personal behavior towards God and towards our fellow human beings. We recognize that actions speak louder than words, and we make a commitment to improve those actions. And now we reach the point to reflect on how successful we have been, and make new resolutions to advance to the next, higher level.

But so far, we have only concentrated on our individual actions and priorities.

The 3 weeks during the summer, so close to the end of the year, we begin to realize that our actions must not only be personal, but must be communal and national, as well. The destruction of the Temples and the exile of the Jewish people were not just chance events. Rather, there were national shortcomings that caused these to happen. Even if we have improved our personal behaviors, and surely, we have succeeded in that endeavor, we begin to realize that our national and communal actions are still deficient.

Just look around at our community, at our Jewish nation, and at the greater international community and we will quickly agree that there is much to correct and much to improve. These 3 weeks during the summer, towards the end of the Jewish year, remind us that our responsibility to the Jewish nation and the world has not seen the improvement that is so necessary in order to bring redemption and peace.

Individually, we cannot solve the world’s problems, but each of us must certainly contribute to global solutions and to the health of the Jewish nation.

Perhaps that is the purpose of these 3 weeks and the mourning practices that we have. Let each of us take the time to mourn that we still have not merited our own national redemption, nor have we become the light unto the nations by teaching the ethical values of the Torah to the larger community. If we succeed in this mission, we may reach the goal that this be the last Tish’a B’Av that we will have to mourn and celebrate.

Rabbi Zev Silber

The Month of Elul

The month of Elul: A month before Rosh Hashanah, this year Sunday, August 28 we begin preparing for the Day of Judgment. We blow the *shofar* each weekday morning, with the exception of Erev Rosh Hashanah, and add Psalm 27 into our prayers each morning and evening, in order to begin awakening within us feelings of repentance.

Selichot: Penitential prayers are recited each weekday morning until Yom Kippur. We begin reciting these prayers at a special service on Saturday night, September 17.

Tish'a B'Av Schedule

Friday, August 5	Candle lighting	7:59 pm
Shabbat, August 6	Shacharit	9:30am
	Mincha (<i>at home</i>)	6:00 pm
	Fast begins	8:16 pm
	Shabbat ends	8:59 pm
	Ma'ariv and <i>Eicha (at Shul)</i>	9:20 pm
Sunday, August 7	Shacharit and <i>kinot(at shul)</i>	8:30 am
	Mincha/Ma'ariv (<i>at shul</i>)	7:45 pm
	Fast ends	8:57 pm

SHABBAT AND TISH'A B'AV SCHEDULE

PLEASE NOTE: AT THE PRESENT TIME, BETH DAVID ONLY HAS MINYAN ON SHABBAT AND HOLIDAY MORNINGS, AND ON SPECIAL DAYS, AS NOTED BELOW. A MINYAN AT OTHER TIMES MAY POSSIBLY BE ARRANGED, UPON REQUEST. PLEASE CONTACT THE RABBI.

Friday, July 22	<i>candle lighting</i>	8:14 pm	Friday, August 26	<i>candle lighting</i>	7:29 pm
Shabbat, July 23	Shacharit	9:30 am	Shabbat, August 27	Shacharit	9:30 am
	<i>Shabbat ends</i>	9:14 pm		<i>Shabbat ends</i>	8:28 pm
Friday, July 29	<i>candle lighting</i>	8:07 pm	Friday, September 2	<i>candle lighting</i>	7:17 pm
Shabbat, July 30	Shacharit	9:30 am	Shabbat, September 3	Shacharit	9:30 am
	<i>Shabbat ends</i>	9:07 pm		<i>Shabbat ends</i>	8:16 pm
Friday, August 5	<i>candle lighting</i>	7:59 pm	Friday, September 9	<i>candle lighting</i>	7:05 pm
Shabbat, August 6	Shacharit	9:30 am	Shabbat, September 10	Shacharit	9:30 am
	<i>Shabbat ends</i>	8:58 pm		<i>Shabbat ends</i>	8:04 pm
	Maariv and Eicha	9:20 pm	Friday, September 16	<i>candle lighting</i>	6:53 pm
Sunday, August 7	Shacharit & Kinnot	8:30 am	Shabbat, September 17	Shacharit	9:30 am
	Mincha	7:45 pm		<i>Shabbat ends</i>	7:52 pm
Friday, August 12	<i>candle lighting</i>	7:50 pm		Selichot	10:00 pm
Shabbat, August 13	Shacharit	9:30 am	Friday, September 23	<i>candle lighting</i>	6:41 pm
	<i>Shabbat ends</i>	8:49 pm	Shabbat, September 24	Shacharit	9:30 am
Friday, August 19	<i>candle lighting</i>	7:40 pm	<i>Shabbat ends</i>	7:39 pm	
Shabbat, August 20	Shacharit	9:30 am			
	<i>Shabbat ends</i>	8:39 pm			

Customs and Practices for the “Three Weeks”, the “Nine Days” and Tish’a B’Av

Background: The three-week period from 17 Tammuz through 9 Av was a time of tragedy for the Jewish people. Many calamities happened on these specific days and during the time between. The catastrophic events surrounding the Holy Temple in Jerusalem that occurred on those specific days resulted in the long exile, which is still ongoing. On the 17th of Tammuz, the walls of Jerusalem were breached during the period of the second Temple, and the 9th of Av marks the day on which both the first and second Temples were destroyed. For that reason, it was ordained that this period of 3 weeks should be observed as days of mourning by the entire nation. Some mourning practices begin on 17 Tammuz and they increase in severity as we approach the 9th of Av.

When: The 3 weeks began on 17 Tammuz, which occurred on Shabbat, July 16, and continue (*this year since 9 Av occurs on Shabbat*) through 10 Av, which occurs on Sunday, August 7. The 9 days begin on Rosh Chodesh Av, which occurs on Friday, July 29, and continue (*this year since 9 Av occurs on Shabbat*) through 10 Av, which occurs on Sunday, August 7.

Mourning practices: During the entire 3-week period we do not conduct weddings, we refrain from haircuts, and we avoid listening to live music. During the 9 days beginning on Rosh Chodesh, we refrain from eating meat and drinking wine (or grape juice), and from wearing freshly laundered and ironed clothes. Freshly laundered undergarments are permitted. None of these restrictions apply to Shabbat. We may also drink the wine or grape juice used for Havdalah, even though it is no longer Shabbat, however it is preferable that a child drink the wine or grape juice. We also do not launder or dry clean clothes during this period, even for use after the 9 days. Swimming and bathing for pleasure is likewise forbidden. Bathing for hygienic and health reason is permitted. Purchasing “items of joy” should be avoided unless their cost will be higher, or the item will not be available, after Tish’a B’Av. Shaving is avoided during the 9 days, or at least the week in which Tish’a B’Av occurs, and is forbidden on Tish’a B’Av itself – Saturday night and Sunday.

Tish’a B’Av which occurs on Shabbat: Shabbat is celebrated as usual and no mourning takes place on Shabbat. We are permitted to eat meat and drink wine, sit as a group and on regular chairs, even at *Seudah Sh’lishit*. The customary *seudat hamafseket*, the last meal before the fast commences, is not observed in honor of the Shabbat. Special care must be taken to complete all eating and drinking before sunset, which this year is at 8:16 PM. After this time no food or drink may be consumed and the other Tish’a B’Av restrictions (see below) apply. Many authorities permit regular Torah study during all of Shabbat. Havdalah is not to be recited after Shabbat, since the fast has already begun. However, the blessing on the candle is recited when one sees a lit candle. Changing to non-leather shoes is not permitted until after Shabbat, 8:58 pm, as is doing any labor prohibited on Shabbat, and after a verbal recitation of Havdalah – *baruch hamavdil bein kodesh l’chol* – *blessed is He who differentiates between holy and regular days* – is recited.

Tish’a B’Av is observed for the full 24-hour period, beginning at sundown on Shabbat, August 7. All the restrictions of Yom Kippur apply: It is prohibited to eat and drink, we are not allowed to wash, anoint oneself, wear leather shoes or engage in marital relations. If you need to take medication or consume food or drink due to health reasons, please consult with the rabbi. It is also customary to sit on a low chair or on the floor, as during Shiva, until Mincha on Tish’a B’Av.

Ma’ariv service: After the evening service we read the book of *Eicha* (Lamentations), followed by several *kinot*, poetic dirges which recall the destruction of the Temple.

Shacharit service: We do not don Tallit or Tefillin and following the service many *kinot* are recited which recall the many tragic events that occurred on this day.

Mincha service: We wear our Tallit and Tefillin and the traditional service for a fast day is recited.

After Tish’a B’Av: After Ma’ariv we recite Havdalah over a cup of wine or grape juice, but we do not use spices or a candle. The *b’racha* of *Hamavdil* is recited and the wine or grape juice may be drunk by the adult reciting the Havdalah. It is customary to recite *kiddush l’vanah* – the blessing over the new moon – before eating. Some of the restrictions of Tish’a B’Av continue until the next day. It is customary not to eat meat or drink wine or grape juice (except for Havdalah, as noted above) until Monday morning. It is permissible to wear leather shoes and bathe immediately after the fast, and also permitted to wash clothes, get a haircut and shave immediately after the fast, since the fast day was delayed because of Shabbat.

Our sages teach that whoever mourns over Jerusalem will merit the future vision of her joy. As it is written in Isaiah (Chapter 66, verse 10), "rejoice greatly with her, all who mourn her."

SISTERHOOD

Sisterhood is looking ahead to the 2022-23 season.

We hope you are enjoying summer.

Since we did not hold a closing meeting for the 2021-22 season, we did not officially present a slate for the coming year.

Below you will find a proposed list of board and committee members for 2022-23.

You will notice that we have an increasing number of vacancies which are printed in red ink. If you, or anyone you know would be interested in filling one of these positions, or regrettably you wish to have your name removed, please contact me.

An in-person open board meeting is tentatively scheduled for the afternoon of either August 2, 3, or 4th depending on the availability of those who wish to attend. At that time, we will discuss programming ideas for the coming year. Everyone is encouraged to participate and bring their best ideas for what we hope will be in-person meetings this season. Further details will be sent in an e-mail. Please let me know if you are interested in attending, and if possible, give us a preview of your ideas.

Below is the proposed slate for the coming year.

Cathy Velenchik, Co-president Beth David Sisterhood

Beth David Sisterhood Board 2022-2023

Co-Pres/Fund Raising VP Marlene Serkin

Co-Pres/Programming VP Susan Wright

Co-Pres/Service VP Cathy Velenchik

Secretary Susan Hubal

Treasurer Kerry Wright

Fund Raising -- Marlene Serkin

Mitzvah Cards Toby Kohn

Donor.....?

Programming – Susan Wright

Program Chair Susan Wright

Helper

Publicity.....?

Photos at Meetings..... Gina Santiago

Back up photographer.....Rhonda Levine

Photo Liaison..... Rhonda Levine

Paid-Up Dinner or Lunch ?

Inter-Sisterhood Dora Polachek (final year)

Sisterhood Con't

Back up photographer.....Rhonda Levine

Photo Liaison..... Rhonda Levine

Paid-Up Dinner or Lunch ?

Inter-Sisterhood Dora Polachek (final year)

Inter-Sisterhood Trainee for 2023-24???????

Meeting Hospitality Judy Silber

Helper ?

Helper ?

Shavuot Luncheon Marcy Yonaty

Helper.....?

Closing Dinner or Desert.....?

Service – Cathy Velenchik

Historian ?

Holiday Hospitality Cathy Velenchik

Kiddush Coordinator Toby Kohn

Kiddush Phone Caller.... Marilyn Bell

Kitchen Scheduling Valerie Preston

Library Valerie & Leonard Preston

Chevra Kadisha Home Hospitality Marilyn Bell

Cathy Velenchik

Helper.....?

Helper.....?

Purim Hamantaschen Lori Tuberman

Give Double *Chai* To The *ChaiLine*

We send out six issues of the *ChaiLine* a year, Rosh Hashanah, Chanukah, Purim, Pesach, Shavuot, and a summer issue. Your sponsorship has helped greatly in making us almost self-supporting, and we thank you for that.

To keep up the good work, remember a **Special Sponsor is \$180.00**, a regular sponsor is \$36.00, a thank you or special message is \$18.00. If you wish to make your contribution for any issue, send your check, made out to Beth David Synagogue, with *ChaiLine* written on the memo line, to the Shul along with the message you want to appear, before the deadline. The deadline for the next issue is September 11, 2022.

Have a good summer.

Marlene Serkin, *ChaiLine* coordinator

Thank You To Our Sponsors

Bob Kutz wants to say thank you for all the Mitzvah Cards, phone calls and good wishes received following his knee surgery.

Cathy Velenchik & Chaim Joy in appreciation of the prayers said on our behalf, and the offers of help during Chaim's illness.

Mitzvah Fund

Tova Kohn, 754-4297 or tova.kohn844@gmail.com

Sisterhood acknowledges contributions to the Mitzvah Fund wishing:

Mazal Tov to:

Harold & Meryl Sasnowitz on the marriage of their granddaughter, Chavi to Zacharya.
Harold & Meryl Sasnowitz on the graduation of granddaughter, Yonina Lazarus, from Machon Ora HS.
Harold & I Meryl Sasnowitz on the graduation of granddaughter, Maayan Sommer, from Maayanot HS.
Rochie & Pesach Sommers on Chavi's marriage to Zacharya
Rabbi & Mrs. Zalman Chein on Chaya Mushka becoming a Bat Mitzvah
Gerry & Susan Hubal on the graduation of their grandson, Jordan, from Franklin & Marshall College.
Gerry & Susan Hubal on the graduation of their granddaughter, Rae, from Fredonia College.
Richard & Lori Lewis on the graduation of their daughter, Emily, from George Washington University Law School.
Rabbi Zev & Judy Silber on the graduation of their granddaughter, Yael Feder, from the Graduate Program in Advanced Talmudic Studies at YU.
Dr. Rhonda Levine on the graduation of her son, Andrew, from NYU with a PhD in Sociology.
Michael, Susan & Kerry Wright on the graduation of granddaughter & niece, Ahuva Lebowitz, from Bais Yaakov.
Michael, Susan & Kerry Wright on the graduation of grandson & nephew, Ephraim Lebowitz, from Ner Yisrael HS.
Charles & Susan Gilinsky on the graduation of their grandson, Noah Schiller, from Waring, MA HS.
Rabbi & Mrs. Zev Silber on the graduation of their grandson, Yehuda Weissman, from HANC Primary School.
Marcy Yonaty in deep appreciation for the beautiful Shavuot Lunch that she & her crew prepared.
Marlene Serkin in honor of her birthday.
Syliva Diamond in honor of her 90th birthday.

Refuah Shelemah to:

Neil Auerbach Chaim Joy Saba Wiesner Aaron Alweis Bob Kutz Tony Preus

Condolences to:

Bat Chein & Family in memory of her grandfather
Tzvi Zimmerman & family in memory of Dorit

Contributions

General Fund from:

Gerry & Susan Hubal wishing Chaim Joy a refuah shelemah
Ruth & Edward Sacher in memory of Paula Rubin
Meryl & Harold Sasnowitz in memory of Paula Rubin
Marilyn Bell in honor of Gerry & Susan Hubal's 60th anniversary
Tony & Meredith Pell-Preus in honor of Gerry & Susan Hubal's 60th anniversary
Jack & Barbara Zable in honor of Gerry & Susan Hubal's 60th anniversary
Nancy Wulwick & Robert Basmann
Miriam & Aaron Alweis

ChaiLine Looking for an Editor

The *ChaiLine* is in need of a new editor-coordinator.

The *ChaiLine* comes out 6 times a year: Rosh Hashanah, Chanukah, Purim, Pesach, Shavuot, and a summer issue. The main requirement for the job is that you have a computer and know how to use it.

Please call me and tell me you would like to volunteer for the position.

Thank you,
Marlene Serkin, 607-729-3235

Beth David Family

This blistering hot summer has my vegetable plants crying for water. They must be satisfied with my sprinkling, since I've already picked cucumbers, zucchinis and eggplant. I'm still a kid at heart when it comes to digging in the dirt. Who else out there grows veggies? Share your success with the rest of us.

Mazal tov to Rivky and Aaron Slonim on the engagement of their son Yisroel to Chaya Rivkin of New Orleans. Good wishes are extended to the entire Slonim family, including locals Hadasa and Levi Slonim and Chaya Mushka and Mendel Shemtov.

Tanya S. Wright, associate professor of language and literature at Michigan State University received the Jerry Johns Outstanding Teacher Educator Award from the International Literacy Association. Tanya was recognized as a Higher Education teacher who exemplifies outstanding methods of teaching and teaching methods, and who is an innovative leader, mentor, and scholar in her field of literacy education. Her parents Les and Barbara Bank are bursting with pride!

At the end of June five couples, former and current Binghamtonians, celebrated their 25th reunion Shabbaton at the Beaver Lake Community in Monticello. Susan and Michael Wright of Binghamton, Helen and Les Loew of W. Hartford, Anne and Jeff Rothenberg of Jerusalem, Harold and I of Clifton, and Roz and Harry Wiesel of Beaver Lake and Florida reminisced about their years at Beth David, a place close to their hearts. They recalled Men's' Club events, Jimmy Burg breakfasts, Sisterhood dinners, evening barbeques, cooking for NSCY Shabbatons, and bike rides to the annual Chenango Valley State Parks' picnics.

Harold and I are kvelling over our family's happenings. Our granddaughter Menucha, daughter of Michael and Leslie Tuchman of the Lower East Side, married Yisroel Landau, son of Tzippi and Jerold Landau of Toronto in late June. On the heels of that wonderful simcha, our grandchildren Estie and Yosef Turkel welcomed a boy, Yehuda, into their family. Grandparents Leslie and Michael Tuchman are overjoyed by all this nachas. May the baby grow to Bar Mitzvah to Chuppah and to good deeds in good health!

Jeremy and Marissa Wright's move to West Hartford, CT has kept the whole family busy. Dad Michael Wright was painting and building furniture while Mom Susan and sister Kerry were helping with decorating and food prep. During all the renovations, the family camped out at the home of family Dmitry and Natania Wright Ostrovosky in Stamford.

Refuah shelemah to Chaim Joy.

As we enter our three-week period of introspection leading up to Tisha B'Av, may each of you recall the strength of purpose of our ancestors, and may we each renew our strength of convictions.

If you're tired of seeing my family's news being the focus of these columns, please let me know of your family's events. Whether you're traveling, sending children off to camp, gardening, or hiking, we'd love to hear about it. Contact me at msasnowitz@gmail.com or call (607) 760-5207.

Meryl Sasnowitz

CORRECTIONS FROM THE LIST OF GRADUATES

Andrew Levine, the son of Rhonda Levine, graduated from NYU with a PhD in Sociology



TISHAH BEAV - 9TH OF AV

Observance of the "Three Weeks"

July 16, 2022 / 17th Tammuz 5782

-----TO-----

August 7, 2022 / 10th Av 5782

TISHAH BEAV - 9TH OF AV

SATURDAY, AUGUST 6 / 9 AV

Shabbat Hazon / Parashat Devarim

- ◆ *Services* 9:30 am @SYNAGOGUE
- ◆ *Minchah* 6:15 pm @HOME
- ◆ *Fast Begins* 8:16 pm
- ◆ *Shabbat Ends* 8:58 pm
- ◆ *Maariv & Eicha* 9:20 pm @SYNAGOGUE
with communal reading of Book of Lamentations

SUNDAY, AUGUST 7 / 10 AV

- ◆ *Shacharit* 8:30 am @SYNAGOGUE
with recitation and explanation of selected Kinot

No 'in-synagogue' programming is planned as there are many appropriate programs online

- ◆ *Minchah (with tefillin)* 7:45 pm @SYNAGOGUE
- ◆ *Maariv & Havdalah* @SYNAGOGUE
- ◆ *Fast Ends* 8:57 pm

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